

FOR IMMEDIATE RELEASE

For more information,
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New Nutrition, Food Safety and Health Agent for Wildcat District

Hi, I am Holly Miner, your new Nutrition, Food Safety and Health Agent for K-State Research and Extension, Wildcat District. I grew up on a grain and livestock farming operation in NE Nebraska. Upon high school graduation I attended the University of Nebraska – Lincoln and obtained a B.S. and later returned to earn a M.S. degree.

During my tenure as an Extension Agent, I have provided strength training classes, food safety, food preservation, financial education, human development and various health related programs. As an agent, I have been very involved with community coalitions and was the chairperson for Helping Hands in Hardin Inc., the local food pantry where I was part of a team that helped lead the food pantry to expand services and increase capacity and fresh food options available.

Health and Nutrition agents for K-State Research and Extension develop and deliver educational programs related to nutrition, food safety and health, including mental health. Programming may include, but is not limited to: nutrition through the life cycle, nutrition of low-income audiences, food security, consumer and food handler food safety, physical activity promotion, and chronic disease prevention.

There are many programs in which I am looking forward to providing for the Wildcat District clientele and am passionate about food preservation and food safety. There have been a lot of changes in what we know about food safety and safe food preservation practices. Taking a refresher course is a great way to keep up to date on the latest recommendations.

I have two children, Levi and Sara, and two grandsons, Owen and Carson. When not working, you can find me quilting on my long arm, sewing, reading, riding my bike with Dakota, my fun loving blue heeler, or exploring throughout the countryside.

Serving the Wildcat District, I am excited about meeting people and providing programs to help others improve their knowledge and skills throughout their lives for themselves and their families. I would like to thank the staff in Independence and throughout the Wildcat District for making me feel welcome. If you have any questions about nutrition, food safety or health, please stop by the Wildcat District Office in Independence at 410 Peter Pan or call 620-331-2690 to speak with me so we can learn from each other. I look forward to serving you, as your Nutrition, Food Safety and Health, Family and Consumer Science Agent.

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